

# fresh start ministries

## QUICK FACTS

Fresh Start Ministries of Central Florida was founded in 1986 by Joe and Kelly Cordovano. Fresh Start is a 68-bed residential, faith-based, working program, for adult males suffering from drug and/or alcohol addiction. The program is set up to best ensure the success of our clients long after their graduation by covering an array of topics, habits, and behaviors such as:

- Phase I: Drugs and Alcohol Dependency**  
-how chemicals affect the brain and our ability to make the right decisions
- Phase II: Inner Healing**  
-brokenness, insecurities, what drives addicts to self medicate
- Phase III: Relapse Prevention / In Depth Bible Study**  
-digging deeper bible study, beyond the elementary, commitments, discipleship, maturity.
- Phase IV: Life After Rehab**  
-everything from balancing a checkbook, to relationships, to continued accountability.



## THE FACTS

FSM IS...

- + a ONE-YEAR RESIDENTIAL PROGRAM (meaning: you will commit one year to live here on property)
- + a FAITH-BASED PROGRAM (meaning: we attend church every sunday and all the classes/counselings have a faith-based twist to them)
- + a WORKING PROGRAM (meaning: you will get your own full-time, day-job, not working for us)
- + for ADULT MALES (meaning: there are not women here, nor can you start any new relationships)
- + for DRUG AND ALCOHOL REHABILITATION (meaning: you will submit to, on average, 5 random drug tests each month and 5 random breathalyzers each month)
- + FULL OF CLASSES AND COUNSELING (meaning: you will have class each night during the week from 7:30-9p, totaling 390 class hours yearly, and have a specific counselor assigned to you)
- + focused on FAMILY RESTORATION (meaning: your significant other will be REQUIRED to attend our tuesday night, 12-step, family enhancement, support group meetings)
- + PRIVATE PAY (meaning: you'll pay a one time entrance fee of \$300 and then pay your own program fee of \$175/weekly [which covers classes, counseling, residency, & 2 meals/daily] by working your job during the day)

